What is Palliative Care?

Palliative care is about comforting a person and offering support. Some people call it “comfort care”.

Traditional Palliative care can help ease and comfort someone and their family in their journey, and can provide supports and aftercare for their family.

Palliative care can help ease and comfort someone in their journey, and can provide support and aftercare for their family.

- Kind, compassionate care that is given with understanding and respect
- Care that relieves a person’s pain and symptoms for the best quality of life
- Care that honours a person’s spiritual beliefs, traditions and customs
- Care for the whole person and support for the whole family

Anishnawbe Health Toronto
225 Queen Street East
Toronto, Ontario
M5A 154

CONTACT:
Traditional Coordinator
Phone: (416) 920-2605
Extension 329

www.aht.ca
Palliative Care Supplies:

The program provides cultural supports and resources for palliative patients and their families, to share their understanding of life and their journey within the circle of life.

Improving quality of life for the patients and their families through ceremonies, medicines, traditional practices and teachings.

The Healers, Elders and Medicine People share their teachings to understand the balance of the life cycle, within the palliative care experience, for both the patient and their family.

When they request Traditional Palliative Care Team services, the Traditional Palliative Care Team will go to them.

The Traditional Palliative Care team works in collaboration.

“"When we prepare ourselves, we will use the word "journey in life". In our teachings, we always should be positive in life and death.

The family is always there to support each other and make it as comfortable as they can. I will talk to the families about this. I will present their understanding of life.

It’s okay to cry.

There are teachings along there also. It’s called the Circle of Care. Saying end of life triggers the family and the individual.

It’s a journey within the circle of life.”

Teaching by Colin Mousseau, Traditional Healer