

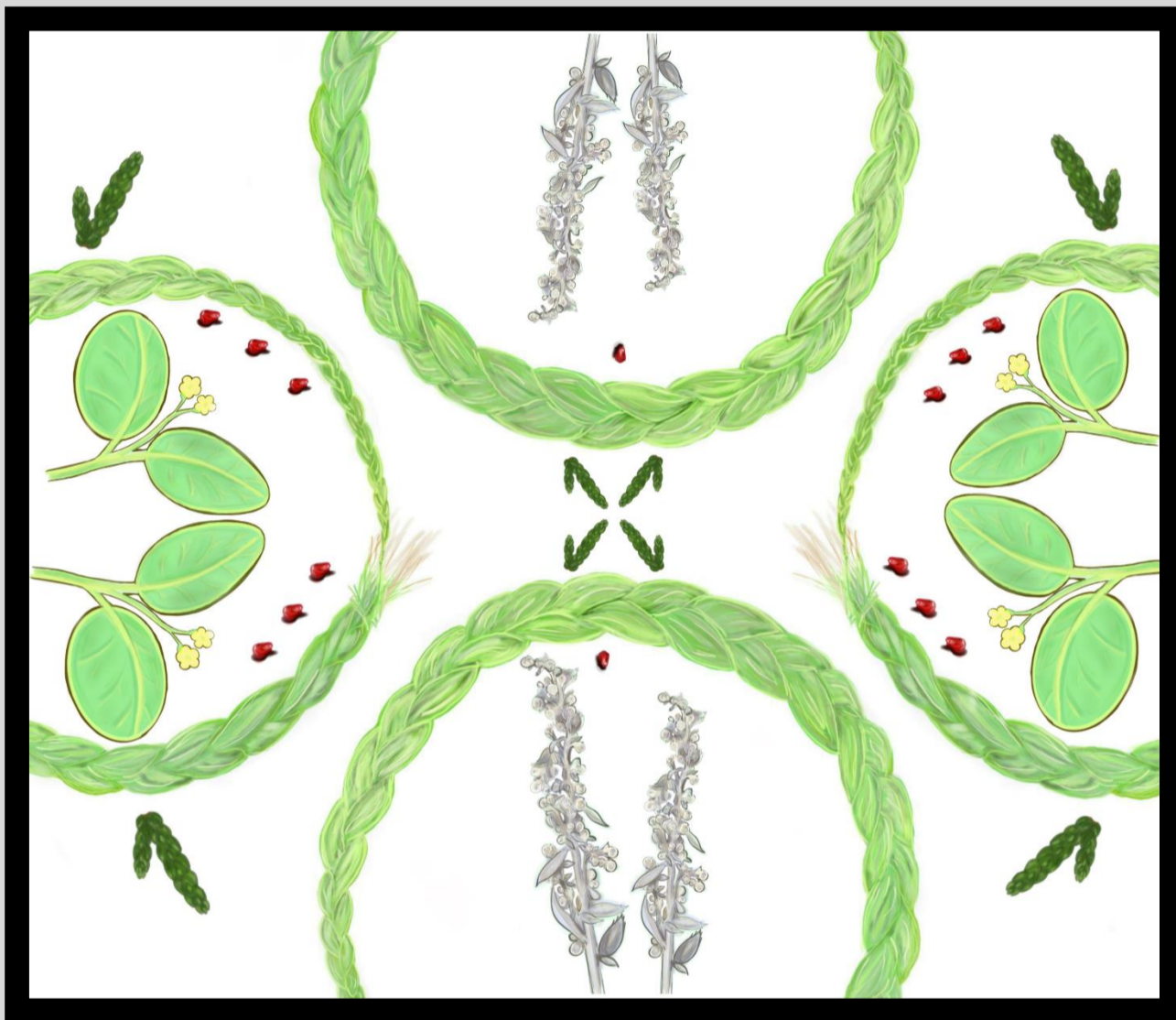


Anishnawbe Health Toronto

Wisdom Weavers

Storytelling & Traditional Teachings

Join Anishnawbe Health Toronto for a series of storytelling presentations on enduring troubling times, surviving challenges, keeping families strong, and emerging stronger for it all. Elders and Knowledge Holders from across Turtle Island will share their experiences as well as stories within their own cultures and Nations.



“An Offering” by Field - This is a depiction of a sweetgrass circle gifted by a seed keeper, sage from an auntie’s garden, tobacco as harvested this Autumn, pomegranate seeds as presented to my grandma by my mom, and cedar from an offering to a friend who has passed. The friend is honoured with the words "I thank you for your support and presence," from a letter by another friend who made the offering for them.



Dylan Courchene (Misko Benas) is Anicinabe from Sagkeeng First Nation which is located along the Winnipeg River near Pine Falls, Manitoba. From a young age, Dylan had been entrusted by Elders within his community, as well as other communities within Manitoba with the ability to practice and speak about the Anichinabe way of life. "My Elders have supported and nurtured the gifts Creator has given me by bestowing me the ability to carry on and share the teachings of our Anichinabe People", he said, gratefully for the support of his family and First Nation. In talking with young people from other communities, Dylan describes the traditions and the teachings as part of his daily life, and not just window dressing for ceremonies. Dylan lives in Winnipeg, Manitoba with his wife Lisa and their four beautiful daughters: Anung, Naanookaazay, Taylor and Avril. Dylan is a Traditional Healer and Knowledge Keeper with many communities across Turtle Island including Anishnawbe Health Toronto. Dylan ensures that traditional interventions are performed reflecting the culture-based model of the organization which emphasizes traditional teachings, methods, and healing approaches. In his presentation titled *Creation Stories - Identity and the 4 Individual Gifts given by Creator*, Dylan will tell stories about the Creation of Mother Earth and the First Anichinabek. Dylan will then focus his stories and teachings about identity and the 4 gifts given by Creator. Before ascending to Earth, Creator has given 4 gifts to each Spirit Being (Person). These 4 gifts (Spirit, Family, Language/Voice, and Responsibility) make up the identity of each Spirit Being (Person). This further enhances the understanding of the individual Spirit and Identity.

To view the presentation, please click on the following link:

<https://www.youtube.com/watch?v=5MVNoGS6Ak8>

This presentation series is made possible by the generous donors to the Anishnawbe Health Foundation.