

2021-2022 Annual Report





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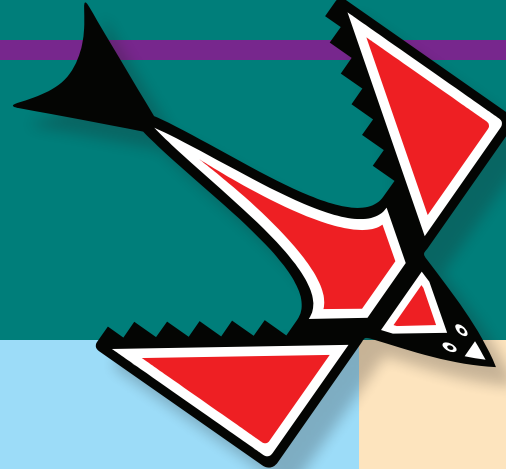
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Our Mission

To improve, support, and promote the health, well-being, and healing of Aboriginal people in spirit, mind, emotion, and body within a multi-disciplinary health care model.





Our Vision

An Aboriginal Community:

- That nurtures the Family Spirit and strengthens family identity by embracing and sharing culture and traditional knowledge.
- That respects the beauty and power of nature and creation, and helps to ensure a healthy environment.
- Where individuals and families are strong spiritually, emotionally, mentally and physically, independent and self-sufficient; with ready access to Traditional Health and healing as well as culturally-safe models of care from pre-birth (Traditional Midwives) to preparation for return to the spirit world (Traditional Healers).
- Where individuals are self-determining and able to take advantage of opportunities in order to reach their full potential and are prepared to share with others.
- Where people have a strong sense of identity and pride, as well as being knowledgeable of their traditional ways and values.
- Where Healing Lodges are at the centre of the community accessible to all of our people.

Our Beliefs

AHT roots all of its activities on the following teachings:

- Healing, learning, and teaching are synonymous
- We are all responsible for our personal health, wellness, and healing
- Nature and creation is our First Family. We show respect for our First Family and include them in our prayers. We also show respect for the spirits of our ancestors who are part of our First Family.
- There is an energy or life force which exists throughout nature and creation. This energy is within all of us. It gives us life and emanates from the human body. It is our spirit; it then affects the mind, then the emotions, and finally the body; for healing to occur, treatment must include our whole being.
- The Healing Path also includes preparations for the journey to the Spirit World. Death is part of the cycle of life.

Our Principles

AHT will work toward achieving its visions and carrying out its mission based on the following principles:

- We respect teachings of all people.
- We accept and provide care to all Aboriginal people and their families, including status and non-status First Nations, Inuit, and Metis people.
- We respect the right of our clients to receive services free from judgment and to choose the care path that is right for them.
- We strive to provide services that enable people to reconnect with and strengthen their spirit.

Message from Our Board President

As we take this time to reflect, it is important to recognize the significant and extraordinary work provided by all the staff in responding to the challenges and difficulties presented by the COVID pandemic. During this reporting period, we experienced the third, fourth, and fifth waves of COVID.

A total of 13,236 COVID tests were performed including a total of 12,278 vaccinations administered. These pandemic responses by staff were delivered at both mobile and fixed sites throughout the GTA. Additionally, AHT worked in partnership and collaboration with many other service providers. We sincerely thank all staff members for their hard work during this very difficult and challenging time.

Though much of our time and efforts were pandemic related, our facilities services, and programs were available although at a reduced level or delivered in a virtual format. Despite the pandemic, other work continued, or new opportunities were acted upon.

On June 21 we celebrated National Indigenous Peoples Day with a ground breaking ceremony at our property and the future location of the newly constructed health centre.

Also in June, we received an award in recognition of our mobile response to the pandemic. As communicated by the Alliance (please see statement below):

"The Transformative Change Award recognizes leaders, innovators, collaborators, and health champions who have been working at the forefront of transformative change to achieve our vision of the best possible health and wellbeing for everyone living in Ontario. The nomination of the Anishnawbe Health Toronto Mobile Units Program was reviewed and recommended by a selection committee of peer reviewers and approved by the Alliance Board for its outstanding contributions to improving the health and wellbeing of people and communities facing barriers."

Construction of our new health centre finally began in October with a projected occupancy date of September 2023. Moving plans are underway through a staff committee

We were able to continue with food support for seniors, families, and those with food security challenges. A total of 4609 food vouchers/cards were distributed. During and resulting from the pandemic, food security became a very serious issue for many and will unfortunately, continue to be so.

Many of our community members continue to struggle to meet their housing needs. Our housing program provided a total of 885 families/individuals with subsidies, assistance to maintain housing, or received rapid housing/shelter accommodation.

We were also able to partner in two research projects that examined the impacts and responses to the pandemic. One project, set out to better understand the impact the pandemic was having on people living within the City of Toronto's shelter system. Partnered with Unity Health, Stephen Hwang (principal investigator), we asked people for their thoughts about government responses to the pandemic and about the COVID-19 vaccine. The second project AHT partnered with the Waakebiness-Bryce Institute for



Indigenous Health at the University of Toronto, Suzanne Stewart (principal investigator).

The strengths and weaknesses of our mobile vaccination and testing service are to be evaluated as a pandemic response for the Indigenous community.

In July for a period of 3 weeks, we assisted in the support of 200 fire evacuees from Cat Lake Ontario who were in a hotel near the Toronto airport. Primary health care services and supplies were provided in what turned out to be a very challenging effort.

Although affected by COVID, our work to establish an Ontario Health Team continues. A proposal to the government will be completed and submitted in the next fiscal year.

The year, while very challenging for us all was also interesting and gave the opportunity for Board, Staff and Volunteers to be of service to the community and for this we are thankful. Be well and be safe.

Meegwetch

Marian Jacko
President, Board of Director



Our Board of Directors

The Board of Directors is a committed and talented group of individuals who take on the responsibilities of governance.

Meegwetch!

Marian Jacko, President
Clio Straram, Vice-President
Carol Kuleba, Treasurer
Billie-Jo Goulais, Secretary
Annelind Wakegijig, Member
Kyle Grover, Member
Mark Atanasoff, Member
Crystal Lynn King, member
Nicole Mathias, member

Auditor's Report

Auditor's Statement



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REPORT OF THE INDEPENDENT AUDITOR ON THE SUMMARY FINANCIAL STATEMENTS

To the Members of Anishnawbe Health Toronto

Opinion

The summary financial statements, which comprise the summary statement of financial position as at March 31, 2022, and the summary statement of revenues and expenses and changes in net assets for the year then ended, and related notes, are derived from the audited financial statements of Anishnawbe Health Toronto (the Organization) for the year ended March 31, 2022.

In our opinion, the accompanying summary financial statements are a fair summary of the audited financial statements, in accordance with the criteria disclosed in Note 1.

Summary Financial Statements

The summary financial statements do not contain all the disclosures required by Canadian accounting standards for not-for-profit organizations. Reading the summary financial statements and the auditor's report thereon, therefore, is not a substitute for reading the Organization's audited financial statements and the auditor's report thereon. The summary financial statements and the audited financial statements do not reflect the effect of events that occurred subsequent to the date of our report on the audited financial statements.

The Audited Consolidated Financial Statements and Our Report Thereon

We expressed an unmodified audit opinion on the audited financial statements in our report dated July 20, 2022.

Management's Responsibility for the Summary Financial Statements
Management is responsible for the preparation of the summary financial statements in accordance with the criteria disclosed in Note 1.

Auditor's Responsibility

Our responsibility is to express an opinion on whether the summary financial statements are a fair summary of the audited financial statements based on our procedures, which were conducted in accordance with Canadian Auditing Standard (CAS) 810, Engagements to Report on Summary Financial Statements.

BDO Canada LLP

Chartered Professional Accountants, Licensed Public Accountants
Toronto, Ontario
July 20, 2022

Summary Statement of Financial Position

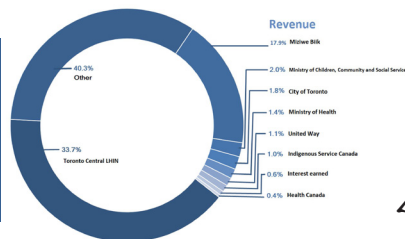
As at March 31	2022	2021
Assets		
Current		
Cash and restricted cash	\$ 36,084,607	\$ 20,806,202
Short Term Investments	295,000	3,368,550
Accounts receivable	1,955,032	461,306
Prepaid expenses	104,729	91,902
	<u>38,439,368</u>	<u>24,727,960</u>
Fixed assets	<u>554,746</u>	<u>533,246</u>
Development costs	<u>13,873,184</u>	<u>6,269,966</u>
	\$ 52,867,298	\$ 31,531,172

Liabilities and Net Assets		
Current		
Accounts payable and accrued liabilities	\$ 3,560,266	\$ 602,187
Deferred revenue	3,419,765	1,673,054
Due to funders	2,827,719	2,803,225
	<u>9,807,750</u>	<u>5,078,466</u>
Deferred capital contributions	<u>33,910,728</u>	<u>23,960,815</u>
	<u>43,718,478</u>	<u>29,039,281</u>
Net assets	<u>9,148,820</u>	<u>2,491,891</u>
	\$ 52,867,298	\$ 31,531,172

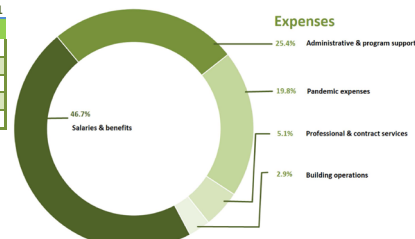
Summary Statement of Revenues and Expenses and Changes in Net Assets

For the year ended March 31	2022	2021
Revenues		
Unrestricted		
Toronto Central Local Health Integration Network	\$ 6,033,205	\$ 6,297,591
Other programs	14,146,774	5,681,574
Restricted funds	<u>911</u>	<u>932</u>
	<u>20,180,890</u>	<u>11,980,097</u>
Expenses		
Unrestricted	<u>13,523,176</u>	<u>11,694,944</u>
Restricted	<u>785</u>	<u>765</u>
	<u>13,523,961</u>	<u>11,695,709</u>
Excess of revenues over expenses for the year	<u>6,656,929</u>	<u>284,388</u>
Net assets, beginning of year	<u>2,491,891</u>	<u>2,207,503</u>
Net assets, end of year	\$ 9,148,820	\$ 2,491,891

	2021-22		2020-21
REVENUE	\$ 20,180,890.00		\$ 11,980,097.00
Toronto Central LHIN	\$ 6,796,746.00	33.7%	\$ 6,373,906.00
Ministry of Health	\$ 273,565.00	1.4%	\$ 391,403.00
Ministry of Children, Community and Social Services	\$ 394,239.00	2.0%	\$ 533,400.00
Indigenous Service Canada	\$ 197,113.00	1.0%	\$ 176,378.00
Health Canada	\$ 74,879.00	0.4%	\$ 81,084.00
United Way	\$ 225,550.00	1.1%	\$ 306,404.00
City of Toronto	\$ 360,280.00	1.8%	\$ 173,212.00
Miziwe Blik	\$ 3,611,528.00	17.9%	\$ 2,925,891.00
Other ¹	\$ 8,124,655.00	40.3%	\$ 884,967.00
Interest earned	\$ 122,335.00	0.6%	\$ 133,452.00



	2021-22		2020-21
EXPENSES	\$ 13,523,961.00		\$ 11,695,709.00
Salaries & benefits	\$ 6,319,775.00	46.7%	\$ 6,514,576.00
Professional & contract services	\$ 684,168.00	5.1%	\$ 391,714.00
Administrative & program support	\$ 3,438,763.00	25.4%	\$ 2,957,340.00
Building operations	\$ 398,271.00	2.9%	\$ 379,315.00
Pandemic expenses	\$ 2,682,984.00	19.8%	\$ 1,452,764.00





Traditional Services

Babishkhan Unit

Our Wellbeing

Introduction of New AHT Healer - Dylan Courchene

Dylan Courchene (Misko Benas) is Anichinabe from Sagkeeng First Nation which is near Pine Falls, Manitoba. From a young age, Dylan had been entrusted by Elders within his community, as well as other communities within Manitoba with the ability to practice and speak about the Anichinabe way of life. "My Elders have supported and nurtured the gifts Creator has given me by bestowing me the ability to carry on and share the teachings of our Anichinabe People", he said, gratefully for the support of his family and First Nation. Dylan lives in Winnipeg, Manitoba with his wife Lisa and their four beautiful daughters: Anung, Naanookaazay, Taylor and Avril. Dylan is a Healer and Knowledge Keeper with many communities across Turtle Island including Anishnawbe Health Toronto, where he began his work as a Traditional Healer in November 2021. In his work at AHT, Dylan ensures that traditional interventions are performed reflecting the culture-based model of the organization which emphasizes traditional teachings, methods, and healing approaches.



Wisdom Weavers - Storytelling & Traditional Teachings Video Series

The Wisdom Weavers project was born out of a discussion between Joe Hester and Harvey Manning as they spoke about the difficulties the COVID pandemic has exacted upon the Indigenous community of Toronto. Joe and Harvey thought it would be a good idea to search back into our culture a little bit, in the way of collecting stories of our past through the Healers, Elders and Leaders of our community, to see how the stories might help in terms of getting through this health challenge of the pandemic. With that, AHT started reaching out to Elders and Traditional People from many Nations across Turtle Island, to ask them to share their stories with us. The Wisdom Weavers storytelling project is a time to share, and to learn, and to be together. The project provides different teachings and different wisdoms, and it provides a message which conveys who we are as a people. The project goes to the heart of that message, as AHT hopes the listeners of the storytelling series will be able to find a part of themselves, or even all of themselves, within these stories.

The Wisdom Weavers project began in January 2022, as the first storytelling presentation was filmed at the Soul of the Mother Lodge near the Six Nations of the Grand River in Ontario. The goal of the project is to film 12 storytelling presentations, as each storytelling episode will reside on the AHT website as an offering to its clients and staff. AHT wishes to acknowledge and thank the many Elders and Knowledge Holders who come from places such as the Sahtu Region of the Northwest Territories, Kahnawake Mohawk Territory in Quebec, Sioux Valley Dakota Nation in Manitoba, the Navajo Nation in Arizona, and many more (!) to participate in this important work.

Wisdom Weavers is funded in part through donations to Anishnawbe Health Foundation, with leading support from Green Shield Canada and additional funding from Nieuport Aviation and the Ministry of Indigenous Affairs Ontario.

COVID Response - Traditional Services Virtual Appointments & Ceremonies

Virtual care, by zoom meetings or phone calls to connect with AHT clients, has become an important tool in providing continuing care during the COVID pandemic. In spite of the challenges faced during the pandemic, the Traditional Team has been successful in maintaining its contribution to all of AHT's programs and services, as it continues to be the core of AHT's organization. The Traditional Healers and Helpers have been able to continue to provide care to community both in-person and virtually as they have been able to conduct 1477 client visits and have been able to provide traditional services to 625 unique clients, this year.

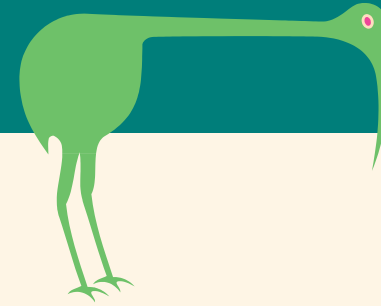
Ceremonies have been paused due to COVID restrictions and have been sorely missed by AHT's clients and staff. AHT continues to assess for the right time to restart its Ceremonies, as this is a vital aspect to maintaining the health of the Healers and the community.

SCAN THE QR CODE



For more
information
on the
Wisdom
Weavers
Project.

Babishkhan Unit



Mental Health Services

Our mental health services have continued to offer a multi-disciplinary approach to care. We offer counselling services that include mental health counsellors, traditional counsellors, and psychiatry support. Case management has not seen any reduction in cases during the pandemic, as community members seek support to deal with the distress of social isolation and the closure of many of the external services they rely on including foodbanks and social recreational opportunities. During the pandemic, case workers and housing workers supported the vaccine clinics, greeting community members and attending to administrative responsibilities connected to the registering of clients and documenting vaccinations. Clients can self-refer for an intake into any AHT program.

Scope of our Services

- Traditional Services
- Traditional Counselling
- Mental Health Counselling
- Couples and Family Counselling
- Traditional Youth Counselling
- Walk-in/Phone-in Counselling
- Child and Family Therapy
- Psychiatry and Psychology Services
- Substance Use Supports
- Indigenous Supportive Housing Program
- Two-Spirit/Trans* Counselling and Peer Support Services
- Youth Outreach Worker
- Babishkhan Circle of Care Program
- Community Health Worker Program
- Case Management Supports

For more information on
the Innovation Award.

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Rapid Access Addiction Medicine Program (RAAM)

Substance use disorders continues to disproportionately impact the Indigenous community. The illicit drug supply increasingly becomes more dangerous.

The RAAM clinic continues to provide low-barrier access to individuals seeking physician and case management services. This year, the RAAM case load increased by 130% and doubled client visits. To increase access to rapid addictions medicine services for our community in the GTA, we designed a mobile RAAM service which will be implemented in the Fall of 2022.



Key message from our RAAM Physician, Dr. Chetan Mehta:

"AHT's RAAM has helped increase access to evidence-based opiate therapies and decreased the number of people experiencing overdose or complications from IV drug use for those who are accessing the service. Some personal highlights for me working in the RAAM is working with our amazing staff and the breadth of resources that we have here. I have been surprised by the number of clients our clinic has grown by. When I started here at AHT a year and a half ago, there was approximately 36 clients in the program. Now we have approximately 250 clients. It speaks to the need that we are trying to meet and the overall quality of care that we are trying to provide in a resource strapped health system. For anyone struggling with alcohol or opioid addiction, it is important to be aware that there are treatment options that are effective. We do our best to offer these treatments without delay and connect our clients to the strong plethora of resources that AHT has. We want to help people get stabilized for their addictions treatment and then help connect individuals to support them in deeper healing and reconnection with their culture and community. We hope that the RAAM service here can be a medium for healing in the broader sense."

Top row from left: Shelly-Ann Griffith (Receptionist), Dr. Chetan Mehta (RAAM Physician), Jeff Bierk (Outreach Worker). Second row from left: Ginger Dean (Outreach Worker), Subo Awan (Interim Manager). Centre: Eva Scott (RAAM Mental Health Counsellor).

Healing

Babishkhan Unit

COVID-19 Response

Rapid Accommodation:

Funding for rapid accommodation in tandem with the AHT vaccination program, was a strong defence against infection and premature death for the most vulnerable population in the city during the pandemic. The over-representation of Indigenous men, women and youth in the Toronto homeless population created high risk for infection transmission and high mortality for this already marginalized community. In the context of the fentanyl overdose crisis that predates the onset of COVID, the threat to survival was catastrophic.

With the COVID response funding, AHT was able to secure a total of nearly 5260 hotel nights from a neighbourhood inn, moving Indigenous community members to safety. The proximity to AHT, situated our clients under the embrace of medical monitoring and care delivered by AHT providers, as well as access to regular meals and secure, stable, and clean temporary housing. With an average stay of 2.5 weeks to 3 weeks, we housed approximately 250 people from April to March.

Vaccination and Testing

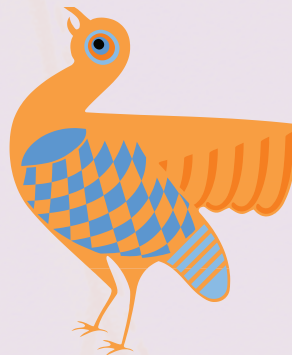
AHT Mobile Health and Mobile Services teams tested 13,236 people for COVID.

Last year, in AHT's Gerrard Street clinics and the Mobile clinics, we vaccinated a total of 12,278 people.

AMHA (Aboriginal Mental Health and Addictions Program)

The Aboriginal Mental Health and Addictions Program (Chayuuweytim Unit) continues to place Aboriginal culture and tradition at its core. Our 20-week low-barrier day treatment program utilizes a client-centered approach where both individual and group counselling are utilized for a personal treatment program.

Following the move from the Charles Street location to our Carlton Street site, the AMHA program quickly recovered from the short pause that preceded the settling in at the new location. In 2021-2022, there were 102 group sessions with 520 participants. Due to COVID-19 restrictions, our weekly group programs (facilitated by a counsellor and a Traditional Healer) were offered virtually instead of in-person in accordance with Public Health recommendations. A note about present developments is: we have started with hybrid groups (offering sessions both virtually and in-person) to promote access for our community members. We are also planning to facilitate a series of landbased activities and ceremonies and are continuing to develop our program to incorporate more cultural content to promote recovery and wellbeing.



Supportive Housing Program (ISHP)

AHT's Indigenous Supportive Housing Program (ISHP) funded by Miziwe Biik has been supporting First Nations, Métis, and Inuit individuals and families since 2018 to combat the destabilizing impact of being homeless or precariously housed. The program provides essential housing allowances to rehouse or to offset Ontario Disability and Support Program and Ontario Works Benefits shelter costs for those whose housing comes at a cost of food insecurity. In addition, the program focuses on eviction prevention by helping to resolve housing and utility arrears.

While we continue to face difficulties in securing affordable housing in the GTA despite the access to ISHP subsidies, our dedicated team of housing workers and social workers have worked hard to address barriers in the rental application process (such as the requirement for spotless credit checks and reference checks) through establishing relationships and connection with landlords. Stable housing is a vital component in mental and physical wellbeing and AHT continues to advocate for the continuation of funding for this program. This year, we were able to support 329 households in securing and retaining housing with over 190 households receiving monthly rent subsidies.

A message from an AHT family receiving monthly subsidy:

"Our experience with the Indigenous Housing Support Program has been amazing and our family is very happy to have such a great support system in our lives, without them times would be tough. They have helped our family out with not only our rent, but beds, and furniture." - Anonymous

SCAN THE QR CODE



For more
information
on COVID-19
Response

Waash-Keshuu-Yaan Unit

Oshkii Okitchiidak Youth Program:

Virtual gathering spaces continued to be the successful format for Oshkii programming.

The on-line community that the youth embraced the prior year, was nurtured, and expanded through a wider range of activities that afforded access for youth who were longing for leadership and inspiration to weather COVID's disconnecting and isolation.

The enduring direction of Medicine Wheel teachings informed exploration of teen situations and teen health. The average age of the youth was 18-19 years old, and males outnumbered other genders, staying constant at approximately 60% of participants. Monthly calendars offered youth a chance to choose, learn, grow, and have fun with activities scheduled several times per week including:

- Cook-it-ups
- Drumming and traditional singing nights
- Bingo nights
- Open mic nights
- Sharing Circles
- Traditional Teaching Circles
- Life Skills workshops
- Drum Making
- Rattle and Dreamcatcher making
- Beading Circles
- Movie nights
- Career Workshops



Members of TICOT present donation to Two-Spirit/Trans* Services staff.

Diabetes Education Program (DEP):

Despite the pandemic, virtual workshops supported successful community outreach to those at risk of diabetes. The "screen" was mastered by all ages who enjoyed virtual cook-ups, creating a social experience in the context of expanding awareness of the significance of nutritional education as a first line of defence. Staff utilized every opportunity to connect with men and women who might not otherwise have access to training and information for the prevention of diabetes.

The DEP has become a portal to other AHT services, linking community to Traditional Healers, primary care, mental health supports and more. Determined to produce a positive and interactive experience during the distress of the pandemic period, participants were presented with individualized packages of ingredients, delivered to their homes. With the cameras rolling, community was able to (re) connect with each other and DEP team members who shared appetizing menu options and friendly meal preparation instructions in the comfort of clients' own home.

Stimulating workshops and diabetes screening, captured the interest of Indigenous men and women across the city, who joined in informative and entertaining workshops from allied spaces at:

- Sewells Road (Wigwamen)
- Sagatay (Namerres)
- AHT Maternal Infant Program
- AHT Oshkii Program
- AHTAMHA Program
- AHT Drumming for Diabetes event



Holiday Hampers Program

A strong AHT volunteer and staff team effort went into the organizing of the CHUM Christmas Wish hamper delivery this past Winter Solstice. Just in time, staff successfully coordinated and delivered to 120 families across the community, on December 16th and 17th. This represents a 35% increase of people served by this important annual program. The average number of children in each household was 3 and the majority were single female led families, at a ratio of 70/30.

Families enjoyed fresh food, frozen turkeys and toys, toys, toys!



Chi Miigwetch to Anishnawbe Health Foundation donors and supporters, including The Rotary Club of Toronto, CP24 CHUM Christmas Wish, Nieuport Aviation, Patty Fleming and the Just Socks Foundation for supporting this much anticipated and appreciated annual program.



ANISHNAWBE
HEALTH TORONTO

Ground Breaking



Marion Jacko, President, Anishnawbe Health Toronto



On June 21, 2021, National Indigenous Peoples Day and the Summer Solstice, the Indigenous community with its allies and partners, celebrated the ground breaking of the Indigenous Hub and the future home for Anishnawbe Health Toronto. The Hub is the first of its kind in Ontario and will be a home to support the reclamation of culture and identity as well as health and healing for the Indigenous community here in Toronto.

The Hub will include the future home of Anishnawbe Health Toronto (AHT); the Miziwe Biik Training Institute for services around education and employment and a child-care and family centre; a mixed-use condo building; a restored heritage building; and a rental residential building. The 2.4-acre Indigenous Hub spans an entire city block at Front and Cherry Streets in the West Don Lands. The land was transferred to AHT by the Province of Ontario, in 2015, as a legacy of the Pan Am/Parapan AM Games.

"The ground breaking was a major milestone, years in the making. The site will be a gathering place for the Indigenous people from across Turtle Island and a home to support the reclamation of culture and identity. In fact, this project will advance on many fronts including the restoration of traditional medicines and green space to this block that has an industrial past; implementing new architectural guidelines for Indigenous design developed for this project; and to land ownership and lease agreements with development partners that will guide and support the Hub forward for seven generations and more."

Joe Hester, Executive Director of AHT

The ceremony, attended by over 750 virtually, was livestreamed due to pandemic restrictions. Cree Traditional Healer Pete Keshane, assisted by Osh-ka-be-wis, John LaForme, performed a special blessing of the land and a pipe ceremony. The event featured First Nations drummers Young Creek and four fancy shawl dancers – Nicole Leveck, Nazarene Pope, Saga Kwandibenz, and Shannon Rogers. The fancy shawl dance was chosen to reflect the star blanket shawl-inspired design of the new home for Anishnawbe Health Toronto.

SCAN THE QR CODE



to see the construction
progress on the new home
for AHT in realtime.

Andre Morriseau, Anishnawbe Health Foundation Board Chair, hosted the event with remarks by Marian Jacko, President of AHT; Krystal Abotossaway, President of Miziwe Biik; pre-recorded greetings from Chief R. Stacey Laforme of Mississaugas of the Credit First Nation; Mayor John Tory of the City of Toronto; Parliamentary Assistant MPP Robin Martin with pre-recorded remarks from Ontario Health Minister Christine Elliott; Ken Tanenbaum, Vice-Chair of Kilmer Group; and Stephen Diamond of Waterfront Toronto.

The celebration culminated with ground being broken with ten ceremonial shovels, beautifully designed and painted by five First Nations and Métis artists: Melanie Bartel, Brandon Jacko, Nyle Johnston, Emily Kewageshig, and Joseph Sagaj.

To our funders, partners, and donors: thank you for your commitment to improving the health and well-being of the Indigenous community in Toronto. We look forward to keeping the community updated on our progress on the new health center set to be the first building to open in the fall of 2023.



Volunteering with the Board of Directors at AHT Strengthens the Spirit and Connects Dr. Annelind Wakegijig to her late Father.

Dr. Annelind Wakegijig, Board Member, Anishnawbe Health Toronto.

Growing up at Wikwemikong First Nation on Manitoulin Island in the late 80s/early 90s, Dr. Annelind Wakegijig had never thought about becoming a physician despite a love of science in high school. "Originally, I thought about maybe becoming a lab technician. I had never met an Indigenous doctor – it wasn't something that occurred to me."

Annelind credits a tour of the University of Toronto organized by Kahontakwas Diane Longboat when she was midway through high school with opening a doorway to a career in medicine. Kind and persistent encouragement to students from First Nations Communities by Anne Marie Hodes from the University of Alberta School of Medicine led Annelind to attend the school.

And it was a summer placement at Anishnawbe Health Toronto in 1992, working with the Street Patrol team, that sparked a passion for her: "It was so inspiring to see Traditional Healers centred in the circle of care. The organization and staff are amazing, and it gave me the strength and resolve to continue in my studies and graduate."

At the same time, that summer she grew to understand more about her father Ron's work as one of the respected early visiting Traditional Healers at AHT. "I didn't really know that much about my Dad's work when I was younger. I knew he was away from home helping people, but he didn't talk much

about what he did – he always respected confidentiality and protected privacy."

"When I worked at AHT that summer, I saw the great affection Dad had for the health centre and the respect he had for the staff like Joe Hester. I learned more about his work and his gifts. Dad and I would have long talks about the medicine wheel teachings, and he passed on his strong belief that Traditional Healing and Western Medicine are complementary. It's not an either/or. Traditional Healing wasn't an 'alternative' practice as it was discussed in school."

Annelind has carried those teachings with her throughout her career, using them daily in her work as Lead Physician at the Baawaating Family Health Team at Batchewana First Nation near Sault Ste. Marie and in her other volunteer roles with ORNGE, the Northern Ontario School of Medicine and as a member of the COVID-19 Primary Care and Children's COVID-19 Vaccine tables.

When she was asked to join the AHT Board in late 2019, she was humbled to be able to give back in this way to an organization that had meant so much to her and her family. "Being on the Board, particularly during the pandemic, has strengthened my spirit in so many ways. While seeing so many disparities and challenges that the pandemic has brought to light, it has been a privilege to see how AHT has risen to the challenge and works to meet the needs of the community."



Anishnawbe Health Foundation

A message from Andre Morriseau, Chair of Anishnawbe Health Foundation

Despite still being gripped by the COVID-19 pandemic, AHF has continued to drive forward our vision of healthy Indigenous peoples contributing to sustainable urban communities. Thanks to the unprecedented support of donors, volunteers and staff, the year was marked by progress and major milestones. It is these moments we reflect on when we look back on this past year.

The Foundation had its best fundraising year ever with donors and supporters contributing more than \$3.5 million. During the year, the Foundation disbursed nearly \$384,000 to Anishnawbe Health Toronto to support organizational capacity and leadership and COVID-19 pandemic relief projects including continued emergency food support for clients during the spring 2021 lockdown and generators for the mobile healing units. For the Winter Solstice, volunteers and staff delivered 120 holiday hampers including fresh food, a frozen turkey, and toys to Indigenous families in need and 300 grocery gift cards were distributed to elders and clients with two or more chronic health conditions. Beyond this disbursement, significant support was also raised for future long-term projects including for the Traditional Knowledge Training fund. With support from major supporters, we approached the target of \$2 million in pledges and gifts for this project by year end.

June, in particular, was a busy month for the Foundation. On the summer solstice and National Indigenous Peoples Day, more than 750 people gathered virtually to celebrate the ground-breaking for the future home of Anishnawbe Health Toronto. You can read more about the event on page 9. During our Annual Meeting that month, we added to our leadership circle by welcoming two new Board Members, Kelly Lendsay and Youth Representative, Brittany Decaire.

And later in the year, Waylon Iserhoff, CPA was appointed to the Foundation's Finance, Audit, and Investment Committee.

Another notable achievement this past year was the Foundation exceeded its \$10 million campaign goal in support of a new home for Anishnawbe Health Toronto and urban Indigenous healthcare priorities. Recording and releasing a special video message about this achievement on National Philanthropy Day in November was a highlight of the year for me personally. Miigwech to everyone who has helped us achieve this goal and championed our first major philanthropic appeal as an organization.

In March, we were honoured to welcome Lindy Green and Sam Chaiton to our circle of supporters. The Lindy Green Family Foundation's transformative gift will develop the art plan for the new home for Anishnawbe Health, contribute to the Traditional Knowledge Training program as well as create a new fund to augment programming for Two-Spirit/Trans* clients.

While our in-person events continued to be impacted by pandemic restrictions, we were fortunate this year to have many new third-party events join alongside our long-time supporters the Gardiner Museum, Old's Cool General Store and the Waterfront Marathon. Twenty-seven third-party events and activities were held over the year with \$120,000 raised.

We are genuinely proud of all our achievements this past year and are eager to maintain the momentum. As we look to the year ahead, we have so much to be excited about. Thank you again for your continued support and honouring Indigenous-led health and healing for the urban Indigenous community in Toronto.

All My Relations,

Andre Morriseau
Anishnawbe Health Foundation Board Chair

Please visit www.supportanishnawbe.ca to review the Audited Financial Statements of Anishnawbe Health Foundation for the year-ended March 31, 2022.



Anishnawbe Health Foundation
SupportAnishnawbe.ca

Vision

Healthy Indigenous peoples contributing to sustainable urban communities.

Mission

To inspire philanthropy to:

- Support an environment where the urban Indigenous community can heal spiritually, physically, emotionally and mentally by enhancing capital and program funding for Anishnawbe Health Toronto; and
- Foster the reclamation, preservation, research and application of traditional healing methods, including the sharing of these with all people.

SCAN THE QR CODE



to hear Andre Morriseau,
Board Chair, Anishnawbe
Health Foundation
announce the \$10 million
capital campaign goal
has been exceeded.

Anishnawbe Health Foundation



Board Members

Anishnawbe Health Foundation Board of Directors 2021/22

Andre Morriveau, *Communications Manager, Ontario Native Women's Association (ONWA) (Chair)*

Cherie L. Brant, *Partner, Indigenous Law Group, BLG LLP (Vice Chair)*

Lyndsay G. Brisard, *MREI, BCom, CPM Analyst, Investments, Canada Infrastructure Bank*

Brittany Decaire, *Student, Laurentian University, Youth Representative*

Diane Gray, *President, Ozhige Insulpanel Limited (Past Chair)*

Tim Laronde, *National Director Indigenous Strategies at Chandos Construction*

Kelly J. Lendsay, *BSPE, MBA, CAFM, ICD.D, President & CEO, Indigenous Works*

Elisa Levi, *MD RD MPH, Resident Physician*

Judith Moses, *President and CEO, Judith Moses Consulting*

Stephen Scott, *MBA, Senior Manager, Investments, Canada Infrastructure Bank (Secretary-Treasurer)*

Chandrakant Shah, *MD, FRCP(C), FAAPSM (Hyp.), Honorary Consultant Physician, Anishnawbe Health Toronto & Professor Emeritus, Dalla Lana School of Public Health, University of Toronto*

Anishnawbe Health Foundation Finance, Audit and Investment Committee Members 2021/22

Stephen Scott, *MBA, Senior Manager, Investments, Canada Infrastructure Bank (Chair)*

Carol Kuleba, *Anishnawbe Health Toronto Treasurer*

Thomas C. Darnay, *CPA, CA, CAFM, Chief Financial Officer, Indspire*

Peter Godec, *CFA, Partner, Jarislowsky Fraser*

Waylon Iserhoff, *MBA, CPA, Senior Vice President, Finance, Thrive Cannabis (Joined September 2021)*

Tim Laronde, *National Director Indigenous Strategies at Chandos Construction*

Victor Pelletier, *Director, Indigenous Services, Dixon Mitchell*

Jeff Pentland, *M. Phil, LLB, Managing Director, Northleaf Capital*

Kelly Rodgers, *CFA, President, Rodgers Investment Consulting*



Cyclists of the 215KM Every Child Matters Ride for Reconciliation



AHF staff, Julie Cookson (L) and Angel Miller (R) present Mariko Nguyen (C), co-owner of Olds Cool General Store with gift of appreciation for their fourth annual Orange Shirt T-shirt fundraiser.

Brando Jacko's "The Great Reunion" print sale raised seed funding for the Traditional Knowledge Training Program



"The Great Reunion"
Brando Jacko

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to watch members of the Anishnawbe Health Foundation Board, Finance Committee and staff open the TSX Stock Market on National Indigenous Peoples Day 2021.



Anishnawbe Health Foundation

Our Donors Miigwech! Nia:wen! Maarsii! Qujanag! Thank you!

Thank you to all of the donors who have made a gift to support our progress this past year including the following individuals, organizations and events that contributed \$1,000 or more between April 1 2021 and March 31 2022. We look forward to continuing to build these relationships in the spirit of reciprocity and mutual respect.

\$1,000,000+

The Lindy Green Family Foundation

\$250,000-\$999,999

The Krawczyk Family Foundation

\$100,000-\$249,999

Anne-Marie Ambert
Anonymous
Balsam Foundation
Barry & Laurie Green Family Charitable Trust
Michel & Doreen Bell
GSC Community Impact Fund at Toronto Foundation
Laidlaw Foundation
The Counselling Foundation of Canada
Waasagamik

\$50,000-\$99,999

TMX Group

\$25,000-\$49,999

Canadian Tire Corporation in honour of the Residents of Bastedo Avenue
Emerald Foundation
FOAMCO, the Shah Family & Shreya Shah
Green Sanderson Family Foundation
Greenrock Charitable Trust
Mawer Investment Management Ltd.
Ontario Power Generation (OPG)

\$10,000-\$24,999

Anonymous (2)
Anne Butler Slaght Foundation
Arthur Family Foundation at Toronto Foundation
Simon Beck
Every Child Matters Ride for Reconciliation
Indigenous Peoples Solidarity Fund at Canada Helps
Interac Corporation
Brandon Jacko
Metrix
Nieuport Aviation, Owner & Operator of
Toronto City Airport Passenger Terminal

Old's Cool General Store
Patricia J. Fleming (FBG) Fund at Toronto Foundation
Penguin Random House Canada
Reza Piroznia, Jewellery Jamboree
Gems / RezaGemCollection
Schachter Family Fund at Toronto Foundation
Scotiabank Waterfront Marathon Charity
Challenge Participants
The Bennett Family Foundation
The Chawkers Foundation
The Hughes Family
The Presbytery of East Toronto
Toronto Foundation Black & Indigenous Futures Fund
Kien Trang
QuadReal Property Group

\$5,000-\$9,999

Anonymous (2)
Baker Real Estate Inc.
Bridgeable Inc.
Jodi & Jason Chapnik
James Graham
Nicole Gray, Stella Mclean & Leigh Tynan
Mary & Graham Hallward
Holy Blossom Temple
Karen & Bill Barnett Fund Toronto Foundation
Omar Khan
Martin Atkinson Foundation at Toronto Foundation
Jeff Pentland & Astrid Guttman
Deepak Ramachandran in honour of
Dr. Chandrakant P. Shah
Gord Rand in honour of Tom Rand
RBC Foundation
Rosedale United Church
Scotiabank with Sanjay Khanna in memory
of Steve Lawson
The Klein - Panneton Foundation
The McDonald Family
The Peter Gzowski Foundation for
Literacy in memory of John O'Leary
The Rotary Club of Toronto
Charles Todd

\$1,000-\$4,999

AMAPCEO
Anderson Speech - Language Pathology
Professional Corp
Sue Ann Ang
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Association of Iroquois and Allied Indians
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Paul Bennett and Catherine Olsen
Neil Betteridge
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Power Generation Division
Andrew Boozary
Renee Bozowsky
Jeanie Calleja in memory of Kathryn Calleja
Ben Carper
Marcel Charlebois
Nicholas Coleman
Consciousness Explorers Club in honour
of Kevin Lacroix
Julie Cookson & Anthony De Giusti
Cormorant Utility Services
CPA Ontario
Bob Cronin
Valerie & Richard Dolegowski
Suzanne Dubeau
Ed's Real Scoop
Gabriel Eidelman
ERA Architects
Extraordinary Conversations
Steve Farlow in memory of John O'Leary
Patricia J. Fleming
Free Label
Gardiner Museum
Lana Gilbert
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David Godon
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Kim Jensen
Ellen King in memory of Nelson King
Janet King
Nancy Kleer
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Nancy & Terry Lee
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Patricia Jensen Foundation at
Toronto Foundation
Paul Butler & Chris Black Foundation
at Toronto Foundation
PayPal Giving Fund Canada
Emmanuelle Poupart
Purcell Family

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Rotary Club of Leaside
Roz and Andrew Heintzman Giving Fund
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Maureen Young in memory of
John O'Leary
Youth And Philanthropy Initiative Canada

Sweetgrass Circle Monthly Donors

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Jim Carlisle
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Christopher Di Tecco
Nicholas Dobbek
Sarah Dopp
Sarah Melissa Douglas
Stephen Douglas
Tania Dungca
Jane Dunlop
Brian Edwards

Anishnawbe Health Foundation



The following donors stepped into the giving circle and gave donations monthly between April 1, 2021 and March 31, 2022:

Sara Ehrhardt
Gabriel Eidelman
Winston Ellie
Sarah Van Exan
Brian Feldman
Patty Fleming
Robert Fidler
Gabriella Fischer
Loretta French
Daniel Fusca
Victoria Gallant
Lori-Sara Gauthier
Jane Gibbens
Julian & Joseph Gitelman-Akl
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Karen Wendling
Emma Westray
Linda Wild
Mark Wilson
Mary Wolicky
Adrienne Yiu
Selina Young
Marlene Ziobrowski

Tribute Gifts

The Foundation received meaningful donations in memory and/or in honour of the following special people and organizations between April 1, 2021 and March 31, 2022.

Neil Aaltonen	Emma Irvin	Devon Piicohmeh & Giese Miller
Luciana Adragna	Sarah Iserhoff	Ruth Pincoe
Kwaku Adu-Poku	Shoshanna Jacobs	Cayley Potter
Caitlin Aikman	Nelson Jawana	Tom Rand
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Wayne Bourque	Andrew Lengyal	Sam Sabbah
Courtney Brennan	Dr. Renee Linklater	Ethan Sampson
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Elder Catherine Brooks	Longboat Family	Ron Seymour
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Kathryn Calleja	Jen MacTaggart	Heinrich Sheurer
Patrick Canfield	Patricia Makokis	Harrison Sillaby
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Cecilia Chau	Jean Marcoux	Sophia Sokolowski
Emily Chung	Ms. Margot	Bruce Stevens
Laurelea Conrad	Linda Mather	Shelley Stewart
Dave Contin	Robert Martindale	Don Stockton
Julie Cookson	Ramesh Mavjee	Sue, Anne, Ruby, and Simon
Mike Cortuila	Caroline McChesney	Adele Swarbrick
Nancy Jardim Costa	Ashley Migwans	The Cake Shop
Elizabeth Cowan	Audra Miller-Ferguson	The Moses Family
Robyn Coyle	John Miranda	Jesse Thistle
Joanne Dallaire	Catherine Moore-Broatman	Sophia Thompson
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		Sharmila Xavier



Empty Bowls Live

L. Chef Joseph Shawana, C. Andre Morriseau, R. Chef Bianca Azupardo at Empty Bowls Live at Clay Restaurant in the Gardiner Museum.

Gifts-in-Kind

The Foundation received helpful donations of goods from the following people and/or organizations between April 1, 2021 and March 31, 2022.

Eliane Brodhead	Douglas MacPherson
CP24 CHUM Christmas Wish	Janice Toulouse
Patricia J. Fleming	UJA Federation of Greater Toronto
Just Socks Foundation	Baby Give Back Program

Our Locations

(Carlton, Gerrard, Queen):

213 Carlton Street

Toronto, Ontario, M5A 2K9

Telephone 416 657 0379

Fax 416 657 3436

179 Gerrard Street East

Toronto, Ontario Canada M5A 2E5

Telephone 416-920-2605

Fax 416-920-8876

225 Queen Street East

Toronto, Ontario Canada M5A 1S4

Telephone 416-360-0486

Fax 416-365-1083

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