

# **Anishnawbe Health Toronto**

To improve the health and wellbeing of Aboriginal People in spirit, mind, emotion, and body by providing Traditional Healing within an interdisciplinary health care model.

(Anishnawbe Health Toronto's Mission Statement)

## **EMPLOYMENT OPPORTUNITY**

Child and Family Therapist (full-time permanent)



Anishnawbe Health Toronto is a fully accredited community health centre which offers access to health care practitioners from many disciplines including Traditional Healers, Elders and Medicine People. We are recruiting a Kino-a-go Manitou Mental Health Counsellor to join our multidisciplinary team which addresses the social determinants of health.

We have broken ground for our new home of Anishnawbe Health Toronto, an Indigenous Hub in the West Don Lands. We expect to be completed in the spring of 2023. Join our dynamic team and the exciting programs and services offered at AHT and our collective work to support the reclamation of culture and identity.

#### **Duties & Responsibilities:**

- Counselling individuals, couples, families or groups within a framework that is culture-based.
- Determining an appropriate healing path in collaboration with the client and when necessary, with other health care providers through consultation, chart reviews and case conferencing

- Developing, coordinating, and implementing program responses to assist the healing process.
- Working with other team members to develop mental health strategies specific to Aboriginal people.
- Provide counselling services to individuals, families or groups within a framework that is culture-based utilizing traditional teachings and traditional healing ways.
- Assist clients to identify their issues, determine their healing path and establish their goals.
- Determine appropriate healing path in conjunction and collaboration with the client and when necessary with other health care providers through consultation, chart reviews and case conferencing.
- Participate in case reviews, case conferences and ethical reviews as required or requested.
- Provide counselling services in a safe, warm and caring manner.
- Provide counselling services ensuring that confidentiality is strictly maintained.
- Provide care that reflects an understanding and competent knowledge of health and other issues facing the Aboriginal community such as the effects of the post-colonial and residential-schoolsyndromes.
- Responsible for ensuring client information is properly and appropriately collected through charting methods / AHT data base.
- Pro-actively identify and address community health issues through individual client information and needs assessment tools.
- Maintain a client caseload according to the standards set by the organization and report to the Babishkhan Manager and Mental Health Coordinator on a regular basis Re: case load levels.

#### **Qualifications & Experience:**

- A minimum of Master of Social Work degree; Registration with the OCSWSSW.
- Minimum requirement of 2 years' experience working in the mental health field with 2 years' experience in counselling children ages 4 to 14 years old.
- Experience and knowledge of issues affecting Aboriginal people in an urban setting.
- Must have a well-developed understanding of the particular thought processes, problems and symptoms children experience.
- Must have comprehensive knowledge and experience with theoretical models and evidence-based, client centered mental health therapeutic interventions for the treatment of children and families with mental health needs and knowledge of all relevant legislation and standards.
- Experience and skills with program development and implementation.
- Possess professional skills and have access to community resources/networks.
- Must possess strong interpersonal, advocacy, collaboration and conflict resolution skills.
- Must possess a high degree of initiative, self-motivation, reliability and thoroughness.
- Must have strong clinical skills in assessment, formulation and treatment.

- Must have well-developed research skills including the ability to analyze, conceptualize and organize.
- An understanding and working knowledge of health and other issues facing the Aboriginal community such as the effects of the post-colonial and residential school syndromes.
- Preference for working in a multi-disciplinary setting.
- Assets: experience with trauma and grief counselling, Aboriginal language skills.
- Demonstrated respect and knowledge of Traditional Healing and the intergenerational impacts of the history of colonization of Indigenous peoples in Canada, and an understanding that Aboriginal culture, traditions, teachings, and ceremony are key to healing for many.
- Required to learn about Aboriginal culture, history, traditions, medicines and healing approaches.
- Experience working with Aboriginal populations, Knowledge of Aboriginal culture, traditions, teachings and ceremonies; Aboriginal language skills an asset.
- An understanding of the social determinants of health and other issues relevant to Aboriginal communities in Toronto; respect for Traditional Healing.
- Proficient with Microsoft Office 365.
- A valid Ontario driver's license is an asset.

**How to Apply:** Please submit your cover letter and resume by email to <a href="mailto:ymcskimming@aht.ca">ymcskimming@aht.ca</a>, as a single document, with your name and Mental Health Counsellor the subject line. If you have questions about the process, please call at 416-816-5243 or 416-920-2605 x.250

### **POSITION WILL REMAIN OPEN UNTIL FILLED**

Anishnawbe Health Toronto offers a competitive salary, a comprehensive benefits package, a commitment to your professional development and a supportive workplace environment.

Anishnawbe Health Toronto is committed to diversity and values the contribution of its employees from diverse backgrounds and experiences. We welcome applications from Aboriginal persons, visible minority group members, women, and persons with disabilities, members of sexual minority groups, and others who contribute to greater diversity of perspectives.

(If you are invited for an interview and require accommodation, please let us know)

Meegwetch to all applicants, however, only those selected for an interview will be contacted