

Anishnawbe Health Toronto

Our mission: to improve the health and wellbeing of Aboriginal People in spirit, mind, emotion, and body by providing Traditional Healing within a multidisciplinary health care model.

Child & Family Therapist

Full-Time Continuing Position



Are you interested in working in the urban Indigenous community? Anishnawbe Health Toronto is a fully accredited community health center offering access to health care for Indigenous people living in the GTA. With Indigenous culture and tradition at its core, AHT offers a full range of services and healthcare providers, including Traditional Healers, Medicine People, primary care and mental health practitioners, and service providers focusing on the social determinants of health. We provide care from a blended model of Traditional and Western approaches to improve our clients' wellbeing. As the Child & Family Therapist, you will be in proximity to Traditional Healers and Traditional knowledge carriers, where you will engage in consultation and learn cultural approaches to healing and wellness.

Duties & Responsibilities:

- Counselling individuals, couples, families or groups within a framework that is culture-based.
- Determining an appropriate healing path in collaboration with the client and when necessary, with other health care providers through consultation, chart reviews and case conferencing
- Developing, coordinating, and implementing program responses to assist the healing process.
- Working with other team members to develop mental health strategies specific to Aboriginal people.
- Provide counselling services to individuals, families or groups within a framework that is culture-based utilizing traditional teachings and traditional healing ways.
- Assist clients to identify their issues, determine their healing path and establish their goals.

- Determine appropriate healing path in conjunction and collaboration with the client and when necessary, with other health care providers through consultation, chart reviews and case conferencing.
- Participate in case reviews, case conferences and ethical reviews as required or requested.
- Provide counselling services in a safe, warm and caring manner.
- Provide counselling services ensuring that confidentiality is strictly maintained.
- Provide care that reflects an understanding and competent knowledge of health and other issues facing the Aboriginal community such as the effects of the post-colonial and residential-school-syndromes.
- Responsible for ensuring client information is properly and appropriately collected through charting methods / AHT data base.
- Pro-actively identify and address community health issues through individual client information and needs assessment tools.
- Maintain a client caseload according to the standards set by the organization and report to the Babishkhan Manager and Mental Health Coordinator on a regular basis Re: case load levels.

Qualifications & Experience:

- A minimum of Master of Social Work degree; Registration with the OCSWSSW.
- Minimum requirement of 2 years' experience working in the mental health field with 2 years' experience in counselling children ages 4 to 14 years old.
- Experience and knowledge of issues affecting Aboriginal people in an urban setting.
- Must have a well-developed understanding of the thought processes, problems and symptoms children experience.
- Must have comprehensive knowledge and experience with theoretical models and evidence-based, client centered mental health therapeutic interventions for the treatment of children and families with mental health needs and knowledge of all relevant legislation and standards.
- Experience and skills with program development and implementation.
- Possess professional skills and have access to community resources/networks.
- Must possess strong interpersonal, advocacy, collaboration and conflict resolution skills.
- Must possess a high degree of initiative, self-motivation, reliability and thoroughness.
- Must have strong clinical skills in assessment, formulation and treatment.
- Must have well-developed research skills including the ability to analyze, conceptualize and organize.
- An understanding and working knowledge of health and other issues facing the Aboriginal community such as the effects of the post-colonial and residential school syndromes.
- Preference for working in a multi-disciplinary setting.
- Assets: experience with trauma and grief counselling, Aboriginal language skills.
- Demonstrated respect and knowledge of Traditional Healing and the intergenerational impacts of the history of colonization of Indigenous peoples in Canada, and an understanding that Aboriginal culture, traditions, teachings, and ceremony are key to healing for many.
- Required to learn about Aboriginal culture, history, traditions, medicines and healing approaches.
- Experience working with Aboriginal populations, Knowledge of Aboriginal culture, traditions, teachings and ceremonies; Aboriginal language skills an asset.
- An understanding of the social determinants of health and other issues relevant to Aboriginal communities in Toronto; respect for Traditional Healing.
- Proficient with Microsoft Office 365.
- A valid Ontario driver's license is an asset.

Why Choose Anishnawbe Health?

AHT offers a competitive salary and comprehensive benefits package. As the Child & Family Therapist, you will be a member of a multidisciplinary team including but not limited to psychiatry, Traditional Healers, counsellors, Two Spirit Trans services, primary care, Rapid Access Addiction Medicine, Housing Supports, and programming for children and youth. All services are delivered from a newly developed location in Toronto's Canary District.

How to Apply: Ready to embark on a rewarding journey with Anishnawbe Health? Submit your cover letter and resume by email to recruitment@aht.ca as a single document to become an integral part of a team committed to holistic health and a strong community.

Position will remain open until filled

Applicants who are Indigenous and meet the requirements of the job posting will be given first consideration in the hiring process.

Anishnawbe Health Toronto is committed to diversity and values the contribution of its employees from diverse backgrounds and experiences. We welcome applications from Indigenous persons, visible minority group members, women, and persons with disabilities, members of sexual minority groups, and others who contribute to greater diversity of perspectives.

(If you are invited for an interview and require accommodation, please let us know)

Meegwetch to all applicants, however, only those selected for an interview will be contacted.