



# Anishnawbe Health Toronto

*Our mission: to improve the health and wellbeing of Aboriginal People in spirit, mind, emotion, and body by providing Traditional Healing within a multidisciplinary health care model.*

## Mental Health Counsellor

Full-time continuing position



Are you interested in working in the urban Indigenous community? Anishnawbe Health Toronto is a fully accredited community health center offering access to health care for Indigenous people living in the GTA. With Indigenous culture and tradition at its core, AHT offers a full range of services and healthcare providers, including Traditional Healers, Medicine People, primary care and mental health practitioners, and service providers focusing on the social determinants of health. We provide care from a blended model of Traditional and Western approaches to improve our clients' wellbeing. As the Mental Health Counsellor, you will be in proximity to Traditional Healers and Traditional knowledge carriers, where you will engage in consultation and learn cultural approaches to healing and wellness.

### Duties & Responsibilities:

- Counselling including assessments, care planning and referrals for individuals impacted by substance use
- Case management and community-based capacity building through community education and liaison between internal and external resources
- Provides interventions with the understanding of the effects of the substance use and concurrent mental health issues
- Connect clients with emergency services as needed and provide support and referral for psychologist/psychiatrist services
- When needed provide walk-in counselling, crisis counselling, advice, support and information to clients, their families and service providers on mental health, addictions and cultural issues

- Participate in intensive case management and advocacy for clients
- Collaborate with other members of the multidisciplinary team to develop and monitor client wellness plans and address issues that arise
- In conjunction with team members, help to develop, plan and implement programs and strategies to assist with the healing process

### **Qualifications & Experience:**

- Master of Social Work and registration with the OCSWSSW, or an equivalent combination of education and experience
- Required to learn about indigenous culture, history, traditions, medicines and healing approaches
- Experience working in the mental health/addictions field
- Comprehensive knowledge of client-centered mental health/addictions interventions, professional skills and community resources
- An understanding of the social determinants of health and other issues relevant to indigenous communities in Toronto; respect for Traditional healing
- Strong interpersonal, advocacy, collaboration and conflict resolution skills
- Valid Ontario driver's license

### **Why Choose Anishnawbe Health?**

AHT offers a competitive salary and comprehensive benefits package. As the Mental Health Counsellor, you will be a member of a multidisciplinary team including but not limited to psychiatry, Traditional Healers, counsellors, Two Spirit Trans services, primary care, Rapid Access Addiction Medicine, Housing Supports, and programming for children and youth. All services are delivered from a newly developed location in Toronto's Canary District.

**How to Apply:** Ready to embark on a rewarding journey with Anishnawbe Health? Submit your cover letter and resume by email to [recruitment@aht.ca](mailto:recruitment@aht.ca) as a single document to become an integral part of a team committed to holistic health and a strong community.

### **Position will remain open until filled**

**Applicants who are Indigenous and meet the requirements of the job posting will be given first consideration in the hiring process.**

*Anishnawbe Health Toronto is committed to diversity and values the contribution of its employees from diverse backgrounds and experiences. We welcome applications from Indigenous persons, visible minority group members, women, and persons with disabilities, members of sexual minority groups, and others who contribute to greater diversity of perspectives.*

(If you are invited for an interview and require accommodation, please let us know)  
*Meegwetch to all applicants, however, only those selected for an interview will be contacted.*